

### **Family Resources:**

#### **Fun Family Activity Cards:**

Fun Family Activities cards give parents information and enjoyable ways to support the development and learning of young children at home. The activities are meant to help your child develop skills that are important for future learning and will further support a Standards-based education children may receive in early care and education settings. The Fun Family Activity Cards are available for download.

<http://www.ride.ri.gov/Portals/0/Uploads/Documents/Instruction-and-Assessment-World-Class-Standards/Early-Childhood/Children/RIELDS Fun Family Activity Cards.pdf>

### **RIELDS**

The foundational document which outlines expectations of what children should know by 60 months as put forth by the Rhode Island Department of Education.

[http://rields.com/wp-content/uploads/2014/08/RIELDS\\_standards\\_web.pdf](http://rields.com/wp-content/uploads/2014/08/RIELDS_standards_web.pdf)

### **Rhode Island Parent Information Network:**

Their mission is to assist individuals, parents, families and children to achieve their goals for health, educational, and socio-economic well-being by providing information, education, training, support and advocacy for person/family centered care and systems change.

<http://www.ripin.org>

### **Parent Support Network of Rhode Island:**

The Parent Support Network is an organization of families supporting families with children, youth, and young adults who experience or are at risk for serious behavioral, emotional, and/or mental health challenges. PSN seeks to strengthen and preserve families and reduce family isolation by promoting positive mental health and well-being, and building a culturally and linguistically competent system of care, through advocacy, education, training, and increased public awareness.

<http://www.psnri.org>

### **Center for Disease Control:**

CDC increases the health security of our nation. As the nation's health protection agency, CDC saves lives and protects people from health threats. To accomplish our mission, CDC conducts critical science and provides health information that protects our nation against expensive and dangerous health threats, and responds when these arise.

Parents can refer to their site for tips and information about common and acute illnesses that affect the young child. <http://www.cdc.gov>

### **My Plate Health and Nutrition Guidelines**

Families can refer to this site for recipes, guidelines for children, nutritional facts, shopping lists, games and more.

<http://www.choosemyplate.gov>

### **North Providence School Department**

Families can view the information listed about districts, Kindergarten registration and the outreach program for child testing.

<http://npsd.k12.ri.us/>

### **Early Intervention**

There are many resources available for early intervention if your child needs services. Please refer to your pediatrician for assistance in choosing a provider. Below are a few that we have worked with here. However any provider is welcome at anytime to help a child who needs services.

### **7 Hills**

<http://www.sevenhills.org/programs/early-intervention>

### **Family Resources Community Action**

<http://www.famresri.org/ProgramsServices/FamilySupportServices/tabid/161/Default.aspx>

### **Children's Friends and Services**

<http://www.cfsri.org/intervention.html>

### **North Providence Library**

The North Providence Library offers story hours and other events free of charge to engage children in the love of literacy.

<http://www.nplib.com/kids-place/>